

Privacy Policy

Last updated: January 2026

Elysian Blue Living (“we,” “us,” or “our”) respects your privacy. This Privacy Policy explains what information we collect, how we use it, and the choices you have.

Information We Collect

We collect only the information you choose to share with us, such as:

- **Email address** when you subscribe to receive Notes from Elysian or other updates.
- Basic technical information (like device or browser type) that helps our website function properly.

We do **not** collect sensitive personal information.

How We Use Your Information

We use your information to:

- Send you emails you have asked to receive (such as reflections, updates, or retreat information).
- Improve our website and understand how visitors use it.
- Communicate with you if you contact us directly.

We do **not** sell, rent, or trade your personal information.

Email Communications

If you subscribe to our emails:

- You may unsubscribe at any time using the link at the bottom of any email.
- Once unsubscribed, you will no longer receive emails from us.

Sharing of Information

We only share information when necessary to operate our website and email services, such as with:

- **Email and website service providers** (for example, our website host or email platform), who are required to keep your information secure and confidential.

We do not share your information for marketing or advertising purposes.

Cookies and Analytics

Our website may use cookies or similar technologies to ensure basic functionality and to understand how the site is used. You can control cookies through your browser settings.

Data Security

We take reasonable steps to protect your information. However, no method of transmission or storage is 100% secure, and we cannot guarantee absolute security.

Your Rights

Depending on where you live, you may have the right to:

- Request access to the personal information we have about you.
- Ask that we update or delete your information.

To make a request, contact us using the information below.

Changes to This Policy

We may update this Privacy Policy from time to time. Any changes will be posted on this page with an updated date.

Contact Us

If you have questions about this Privacy Policy or how your information is used, you can contact us at:

Email: info@elysianblueliving.com